



Externship in Emotionally Focused Couples Therapy with Dr. Sue Johnson and Dr. Sam Jinich

Madrid, April 18 – 21, 2018

9:00 am– 6:00 pm

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30	Registration	Discussion and Q&A Groups	Discussion and Q&A Groups	Discussion and Q&A Groups
9:00	SESSION 1 Intro and Overview of Attachment and Nature and Causes of relationship distress.	SESSION 6 LIVE SESSION With Dr. Sue Johnson	SESSION 11 LIVE SESSION With Dr. Sam Jinich	SESSION 16 Review Steps 5, 6, 7
15 min.	BREAK	BREAK	BREAK	BREAK
	SESSION 2 EFT as a Systemic and Experiential model	SESSION 7 LIVE SESSION Cont'd	SESSION 12 LIVE SESSION Cont'd	SESSION 16b Practice – Role Play
	SESSION 3a Change Factors in EFT - Overview of stages and steps.	SESSION 8 EFT Steps 1- 2 Assessment and constructing each partners experience	SESSION 13a EFT Steps 5 -6- 7 with the Withdrawer (Withdrawer Re-Engagement) Enactments	SESSION 17 Stage 3: Steps 8 - 9
90 min	LUNCH	LUNCH	LUNCH	LUNCH
	SESSION 4a Empathy and Attunement	SESSION 8b EFT Steps 3 - 4 Working with Emotion and Tracking the Cycle	SESSION 13b Demonstration	SESSION 18 Therapeutic Impasses during Session
15 min.	BREAK	BREAK	BREAK	BREAK
	SESSION 4b Empathy and Attunement Cont'd Practice on empathy and attunement	SESSION 9 Practice Steps 2- 3- 4	SESSION 14 Practice EFT Steps 5- 6-7 with the Pursuer (Blamer Softening)	SESSION 19a Attachment Injuries Repair SESSION 19b Learning EFT, Training and Certification
5:45 - 6:00	SESSION 5 Discussion and Review	SESSION 10 Discussion and Review	SESSION 15 Discussion and Review	SESSION 20 Discussion and Wrap Up

WEDNESDAY 18TH, WINE AND CHEESE WITH DR. SUE JOHNSON AND DR. SAM JINICH 6:20 – 8:00PM

PLEASE NOTE: The order and length of sessions may vary slightly.